

You will need A sheet of paper or card Colouring pencils/felt tip pens/paints Optional: photos, glitter, sequins, ribbon, pressed flowers, glue

If your child knows someone whose family member, friend or pet has died, they can make a sympathy card for them. This shows the bereaved person that they care for them and are thinking about them.



On the front of the card your child could:

- Draw a picture of the person or pet who has died
- Stick on a photo or draw a picture of something the bereaved person likes
- Decorate the card with pressed flowers
- Add a religious symbol, if appropriate for that person

Inside the card your child could write:

- I'm very sorry that [name of person or pet] died
- I'm thinking about you
- I'm going to miss him/her very much too
- Add something nice or special about the person or pet who has died

